



Mountain Junkies L.L.C.

Saturday October 23rd, 2010

ANTHEM INTO THE DARKNESS 7:00pm Start  
Night Trail Run

This is one of the Roanoke Valley's most unique events. The course will take you through miles of IMBA designed trails. The course consists of twisty rolling single track. These trails will be marked with reflective arrows, glow sticks, and the occasional surprise (nothing scary, this event is for all ages). Every effort will be taken so that you will easily be able to find your way and stay on course.

A light source is mandatory: it is recommended that you have at least a headlamp or flashlight. Some runners find that it is best for them to carry one of each. We will leave this up to your personal preference. It is recommended that you try your choice of light source, under similar conditions, prior to running the race.

**PLEASE NOTE**—Headlamps, flashlights, and any other light source will not be provided by race management.

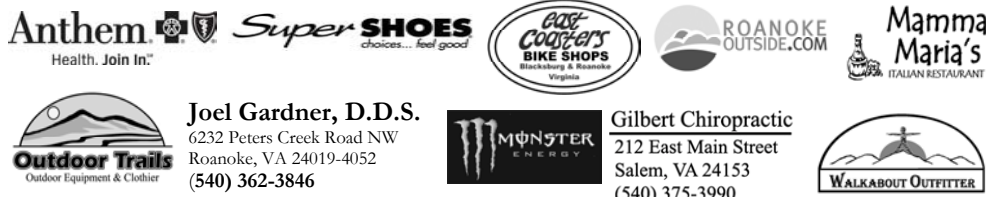
11 Age Groups include, for both male and female: 14 and under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 and over.

The top 3 overall male and female finishers for each race will receive distinctive awards and the top three finishers in each age group will receive a unique handmade award recognizing their achievement.

**Race Entry** - \$25 pre-registration on or before Oct. 9th  
- \$30 after October 9th and on race day  
Race day registration and packet pick-up from 5:15 - 6:45pm.  
\*\*\*Only pre-registered racers are guaranteed a t-shirt\*\*\*

Make checks payable to Mountain Junkies L.L.C.  
Mail to 212 East Main Street, Salem, VA 24153.  
Contact: Josh Gilbert, 540-525-9452  
info@mountainjunkies.net

Directions and more race information at [www.mountainjunkies.net](http://www.mountainjunkies.net)



Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. Anthem Blue Cross and Blue Shield is an independent licensee of the Blue Cross and Blue Shield Association. © ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.



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**10/23/10 - Into the Darkness - 4 Mile Night Trail Run - 7:00pm**

Name: \_\_\_\_\_ M or F Age (on race day): \_\_\_\_\_

Address: \_\_\_\_\_ Birth date: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Circle your T-shirt size: { S } { M } { L } { XL } (Only pre-registered racers are guaranteed a t-shirt)

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Contact: Josh Gilbert DC, 540-525-9452, or Email - [info@mountainjunkies.net](mailto:info@mountainjunkies.net)

**Assumption of Risk:** I acknowledge that this athletic event, Into the Darkness Night Trail Run carries with it the potential for serious injury and even death. The risks include, but are not limited to, those caused by terrain, darkness, facilities, weather, condition of athletes, equipment, vehicular traffic, and actions of other people including but not limited to, participants, volunteers, spectators, event officials, and the producers of the event. I hereby agree to assume all of the risks of participating in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released from dangerous or defective property owned, maintained, or controlled by them or because of their liability without fault.

I certify that I am physically fit and have trained sufficiently for participating in this event. I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holder and organizers. In addition, I understand that there will be no refunds.

I will hold harmless and fully indemnify Mountain Junkies L.L.C., VRFA, Anthem Health Plans of Virginia d/b/a Anthem Blue Cross and Blue Shield of Virginia, and race volunteers from any and all claims, damages, actions, liability and expenses now and in the future, in connection with any and all personal and bodily injury and/or damage or theft of personal property, be it foreseen or unforeseen.

**By signing below, the participant and/or guardian of the youth registered on this form authorizes him or her to participate in this race and signifies agreement to all the terms and releases stated on this registration form.**

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature (Parent / Guardian) \_\_\_\_\_ Date: \_\_\_\_\_  
(Runners under 18 years of age) MJ

**10/23/10 - Into the Darkness - 4 Mile Night Trail Run - 7:00pm**

Name: \_\_\_\_\_ M or F Age (on race day): \_\_\_\_\_

Address: \_\_\_\_\_ Birth date: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Circle your T-shirt size: { S } { M } { L } { XL } (Only pre-registered racers are guaranteed a t-shirt)

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I certify that I am physically fit and have trained sufficiently for participating in this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holder and organizers. In addition, I understand that there will be no refunds.

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Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature (Parent / Guardian) \_\_\_\_\_ Date: \_\_\_\_\_  
(Runners under 18 years of age) MJ