

2010 6th Explore Your Limits

5k Trail Race - 3/6/10

Overall Women

1.	Lewis, Allie	00:22:14.11
2.	O'Keefe, Carrie	00:22:47.67
3.	Parkins, Bridget	00:24:03.21
4.	Kingery, Kara	00:25:21.01
5.	Vickery, Sarah	00:25:25.25
6.	Tate, Brandy	00:25:31.28
7.	Ciparis, Serena	00:26:36.85
8.	Thomas, Alexis	00:27:18.60
9.	Royal, Carol	00:28:21.10
10.	Childers, Kristin	00:28:37.26
11.	Pfister, Jennifer	00:29:16.03
12.	Noble, Kara	00:29:31.83
13.	Purdy, Jamie	00:29:40.23
14.	Bingham, Shelby	00:29:40.65
15.	Johnson, Annie	00:29:55.51
16.	Gower, Whitney	00:29:56.19
17.	Guthrie, Amy	00:30:49.44
18.	Scarborough, Darlene	00:30:55.97
19.	Colonna, Kristin	00:31:07.09
20.	Evans, Stacey	00:31:31.22
21.	Colbert, Erin	00:31:56.27
22.	Cook, Melissa	00:32:16.18
23.	Thornton, Jordan	00:32:32.12
24.	Boone, Mary Jo	00:32:35.32
25.	Weaver, Rose	00:32:50.13
26.	Brown, Cathy	00:33:25.08
27.	Huff, Karleigh	00:33:44.08
28.	Graham, Kristen	00:33:46.38
29.	Clay, Ruthie	00:33:52.03
30.	Porter, Kristi	00:33:54.06
31.	Barber, Cindy	00:34:49.19
32.	Waters, Katie	00:34:49.98
33.	Layman, Rachel	00:35:01.98
34.	Adkins, Katie	00:35:28.03
35.	Blackwell, Nancy	00:35:39.16
36.	Mischianti, Olivia	00:36:01.84
37.	Vengrin, Courtney	00:36:06.41
38.	Bryant, Sara lloyd	00:36:08.37
39.	Brewer, Amanda	00:36:36.01
40.	Vengrin, Jean	00:36:36.72
41.	DeLong, Ashley	00:36:56.29
42.	Foster, Wanda	00:37:48.57
43.	Lynch, Susan	00:37:50.94
44.	Mann, Lynzee	00:37:55.57
45.	Stowers, Katie	00:38:48.12
46.	Mann, Cindy	00:39:11.38
47.	Dobroth, Mary	00:39:48.53
48.	Likens, Vincenze	00:41:04.01
49.	Campbell, Courtney	00:41:22.08
50.	Whitlow, Lorinda	00:42:18.94
51.	Wagner, Penny	00:42:34.16
52.	Smith, Connie	00:43:17.83

2010 6th Explore Your Limits

5k Trail Race - 3/6/10

Overall Men

1.	Davis, Michael	00:17:32.87
2.	Dean, Sam	00:20:42.50
3.	Zech, Roland	00:21:17.08
4.	Macdonald, Lenny	00:21:57.12
5.	Bussard, Hg	00:22:29.80
6.	Weddle, Chris	00:23:42.86
7.	Thompson, Dana	00:23:51.75
8.	Clay, Ronnie	00:24:09.30
9.	Settle, Philip	00:24:27.87
10.	Thomas, Todd	00:24:33.82
11.	DeRenzis, Nick	00:24:51.89
12.	Looney, Brad	00:24:56.98
13.	Adkins, Chris	00:25:42.39
14.	Argenbright, Travis	00:25:58.33
15.	Williams, James	00:26:10.73
16.	Wagner, Henry	00:26:33.55
17.	Harrison, Brian	00:26:49.17
18.	Bingham, Jason	00:27:30.13
19.	Shank, Tim	00:27:59.50
20.	Amburn, Brad	00:28:16.77
21.	Wright, Toby	00:28:43.27
22.	Morgan, George	00:28:52.19
23.	Brewer, Stephen	00:28:54.37
24.	Brewer, Justin	00:28:55.37
25.	Phillips, Brandon	00:28:59.67
26.	Vickers, Carl	00:29:15.44
27.	Whitlow, Joshua	00:29:24.57
28.	Mays, Chris	00:29:39.76
29.	Moore, Gary	00:30:24.25
30.	Packard, Jack	00:31:06.41
31.	Bacon, Ian	00:33:07.21
32.	Graham, Scott	00:33:14.95
33.	Davidson, Charles	00:33:55.66
34.	Kelley, Greg	00:34:52.60
35.	Stowers, Curtis	00:34:56.83
36.	Nunes, Jack	00:35:00.39
37.	Conway, James	00:35:02.50
38.	Ferguson, Mike	00:35:20.12
39.	Mischianti, Robert	00:36:02.44
40.	Houchins, Nathan	00:36:21.79
41.	Packard, Don	00:36:37.74
42.	Vernon, Tyler	00:37:37.14
43.	Trivett, Brian	00:38:43.74
44.	Lilly, Glenn	00:40:26.91
45.	Earles, Maurice	00:46:53.29

Women's Age Group: 14 & Under

1.	Vickery, Sarah	00:25:25.25
2.	Clay, Ruthie	00:33:52.03
3.	Mann, Lynzee	00:37:55.57

Men's Age Group: 14 & Under

1.	Thompson, Dana	00:23:51.75
2.	Packard, Jack	00:31:06.41

Women's Age Group: 15 - 19

1.	Kingery, Kara	00:25:21.01
2.	Mischianti, Olivia	00:36:01.84
3.	Delong, Ashley	00:36:56.29

Men's Age Group: 15 - 19

1.	Zech, Roland	00:21:17.08
2.	Argenbright, Travis	00:25:58.33
3.	Brewer, Stephen	00:28:54.37
4.	Mays, Chris	00:29:39.76

Women's Age Group: 20 - 24

1.	Lewis, Allie	00:22:14.11
3.	Noble, Kara	00:29:31.83
4.	Purdy, Jamie	00:29:40.23
5.	Johnson, Annie	00:29:55.51
6.	Colonna, Kristin	00:31:07.09
7.	Thornton, Jordan	00:32:32.12

Men's Age Group: 20 - 24

1.	Davis, Michael	00:17:32.87
2.	Bacon, Ian	00:33:07.21
3.	Kelley, Greg	00:34:52.60
4.	Vernon, Tyler	00:37:37.14

Women's Age Group: 25 - 29

1.	Parkins, Bridget Tainer	00:24:03.21
2.	Tate, Brandy	00:25:31.28
3.	Thomas, Alexis	00:27:18.60
4.	Childers, Kristin	00:28:37.26
5.	Gower, Whitney	00:29:56.19
6.	Evans, Stacey	00:31:31.22
7.	Cook, Melissa	00:32:16.18
8.	Huff, Karleigh	00:33:44.08
9.	Porter, Kristi	00:33:54.06
10.	Waters, Katie	00:34:49.98
11.	Vengrin, Courtney	00:36:06.41
12.	Brewer, Amanda	00:36:36.01
13.	Lynch, Susan	00:37:50.94
14.	Stowers, Katie	00:38:48.12
15.	Mann, Cindy	00:39:11.38
16.	Dobroth, Mary	00:39:48.53
17.	Campbell, Courtney	00:41:22.08

Men's Age Group: 25 - 29

1.	Weddle, Chris	00:23:42.86
2.	Adkins, Chris	00:25:42.39
3.	Harrison, Brian	00:26:49.17
4.	Amburn, Brad	00:28:16.77
5.	Brewer, Justin	00:28:55.37
6.	Graham, Scott	00:33:14.95
7.	Conway, James	00:35:02.50

Women's Age Group: 30 - 34

1.	O'Keefe, Carrie	00:22:47.67
2.	Ciparis, Serena	00:26:36.85
3.	Colbert, Erin	00:31:56.27
4.	Weaver, Rose	00:32:50.13
5.	Adkins, Katie	00:35:28.03
6.	Foster, Wanda	00:37:48.57
7.	Likens, Vincenze	00:41:04.01

Men's Age Group: 30 - 34

1.	Dean, Sam	00:20:42.50
2.	DeRenzis, Nick	00:24:51.89
3.	Phillips, Brandon	00:28:59.67
4.	Stowers, Curtis	00:34:56.83
5.	Houchins, Nathan	00:36:21.79
6.	Trivett, Brian	00:38:43.74

Women's Age Group: 35 - 39

1.	Pfister, Jennifer	00:29:16.03
2.	Brown, Cathy	00:33:25.08
3.	Graham, Kristen	00:33:46.38
4.	Whitlow, Lorinda	00:42:18.94

Men's Age Group: 35 - 39

1.	Settle, Philip	00:24:27.87
2.	Thomas, Todd	00:24:33.82
3.	Wagner, Henry	00:26:33.55
4.	Whitlow, Joshua	00:29:24.57
5.	Packard, Don	00:36:37.74

Women's Age Group: 40 - 44

1.	Royal, Carol	00:28:21.10
2.	Bingham, Shelby	00:29:40.65
3.	Scarborough, Darlene	00:30:55.97
4.	Barber, Cindy	00:34:49.19
5.	Layman, Rachel	00:35:01.98
6.	Wagner, Penny	00:42:34.16

Men's Age Group: 40 - 44

1.	Macdonald, Lenny	00:21:57.12
2.	Looney, Brad	00:24:56.98
3.	Bingham, Jason	00:27:30.13
4.	Wright, Toby	00:28:43.27
5.	Moore, Gary	00:30:24.25
6.	Ferguson, Mike	00:35:20.12
7.	Mischianti, Robert	00:36:02.44

Women's Age Group: 45 - 49

1.	Guthrie, Amy	00:30:49.44
2.	Boone, Mary Jo	00:32:35.32
3.	Smith, Connie	00:43:17.83

Men's Age Group: 45 - 49

1.	Clay, Ronnie	00:24:09.30
2.	Williams, James	00:26:10.73
3.	Shank, Tim	00:27:59.50
4.	Vickers, Carl	00:29:15.44
5.	Nunes, Jack	00:35:00.39

Women's Age Group: 50 - 54

1.	Bryant, Sara Lloyd	00:36:08.37
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Men's Age Group: 50 - 54

1.	Lilly, Glenn	00:40:26.91
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Women's Age Group: 55 - 59

1.	Blackwell, Nancy	00:35:39.16
2.	Vengrin, Jean	00:36:36.72

Men's Age Group: 55 - 59

1.	Bussard, Hg	00:22:29.80
2.	Morgan, George	00:28:52.19
3.	Davidson, Charles	00:33:55.66

Men's Age Group: 70 & Over

1.	Earles, Maurice	00:46:53.29
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