

13th Annual Fab 5k – 8/15/09

Roanoke County's Green Hill Park

Overall Women

1.	Uhl, Allie	00:19:08.88
2.	Church, Michelle	00:19:09.43
3.	Sowder, Mary Catherine	00:19:10.14

Overall Men

1.	Cheromei, David	00:14:54.46
2.	Horner, Randy	00:15:52.81
3.	Angell, David	00:15:58.63

Master Women

1.	Vandegrift, Simone	00:23:54.67
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Master Men

1.	Knapp, Mark	00:20:02.22
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Under 18 Female

1.	Church, Michelle	00:19:09.43
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Under 18 Male

1.	Woodford, Patrick	00:16:30.36
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Women's Age Group: 13 & Under

1.	Wolfe, Mina	00:28:32.01
2.	Witt, Gracen	00:29:29.11
3.	Roth, Monica	00:34:14.54
4.	Minnix, Ashmine	00:41:02.58

Men's Age Group: 13 & Under

1.	Cotton, Ryan	00:20:18.70
2.	Daniels, Howard	00:21:27.31
3.	Long, Noah	00:21:37.32
4.	Gullapalli, Sachith	00:21:45.91
5.	Zentz, Logan	00:21:52.33
6.	Caffrey, Matthew	00:24:02.37
7.	Macher, Harrison	00:26:30.13
8.	Skelton, Jake	00:30:42.00
9.	Huff, Chase	00:32:21.41
10.	Wolfe, Grey	00:33:23.15
11.	Meredith, Oliver	00:37:50.70

Women's Age Group: 14 - 17

1.	Dillon, Drew	00:20:52.72
2.	Witt, Carlin	00:21:43.61
3.	Bethel, Carolyn	00:21:45.54
4.	Weidner, Greta	00:22:01.53
5.	Radford, Hannah	00:22:18.30
6.	Meredith, Pearl	00:24:27.80
7.	Muller, Kachina	00:24:34.26
8.	Brighton, Sarah	00:24:34.88
9.	Hutchens, Victoria	00:25:05.85
10.	Falls, Courtney	00:25:28.56
11.	Martin, Jodee	00:25:44.29
12.	Wolfe, Katie	00:27:28.53
13.	Lawrence, Mary Wynne	00:28:02.96
14.	Bellavia, Anna	00:28:22.80
15.	Turner, Audra	00:28:50.97
16.	Clark, Anna	00:35:31.26

Men's Age Group: 14 - 17

1.	Seymour, Cody	00:17:24.76
2.	O'Connor, Kevin	00:17:39.36
3.	Kasper, James	00:18:23.75
4.	Wingfield, Baxter	00:18:26.63
5.	Hudson, Tom	00:18:30.04
6.	Gilmore Jr, Phillip	00:18:35.85
7.	Bartocci, Eric	00:18:40.77
8.	Overstreet, Mark	00:18:42.18
9.	Akers, Aaron	00:18:52.89
10.	Harvey, John	00:19:13.16
11.	Young, Faron	00:19:21.96
12.	Greene, Chris	00:19:22.43
13.	Day, Graham	00:19:26.68
14.	Hutchens, Martin	00:19:39.38
15.	Bohon, Taylor	00:19:43.27
16.	Sutton, Matthew	00:19:59.75
17.	Higgs, Bobbie	00:20:03.65
18.	Smith, Michael	00:20:30.64
19.	Vaughn, Cameron	00:20:33.25
20.	Priddy, Leo	00:20:38.81
21.	Caplinger, Joey	00:20:58.23
22.	Kallam, Alex	00:21:08.96
23.	Manning, Justin	00:21:10.16
24.	Radford, Tim	00:21:33.99
25.	Lovegrove, Spencer	00:22:43.03
26.	Turner, Cole	00:22:59.43
27.	Longaker, Nicholas	00:23:19.63
28.	Wyatt, Alex	00:23:24.79
29.	Thompson, Dana	00:23:51.79
30.	Wamples, Jack	00:24:23.74
31.	Bellavia, Scot	00:26:45.75
32.	Meredith, Berke	00:32:27.55

Women's Age Group: 18 - 22

1.	Callaway, Chelsea	00:19:24.26
2.	Stout, Caroline	00:19:31.69
3.	Williams, Rachel	00:20:24.91
4.	Whited, Tabatha	00:20:47.19
5.	Carnett, Shawnee	00:21:46.22
6.	Miller, Micalyn	00:21:54.80
7.	Coon, Courtney	00:24:05.06
8.	Howard, Lynn	00:25:02.79
9.	Hunting, Sarah	00:25:08.31
10.	Weeks, Brittany	00:25:40.56
11.	Chase, Katherine	00:25:52.58
12.	Gill, Brittany	00:27:08.40
13.	Cook, Lauren	00:28:59.60
14.	Bosher, Megan	00:30:26.71
15.	Overmiller, Holly	00:31:19.31
16.	Malone, Megan	00:34:01.65
17.	Derringer, Danielle	00:34:04.60

Men's Age Group: 18 - 22

1.	Pritt, Craig	00:16:08.16
2.	Pola, Saymon	00:16:12.68
3.	McDaniel, Lance	00:16:13.69
4.	Snyder, Sterling	00:16:19.03
5.	Peters, Robby	00:16:27.33
6.	Lucento, Nick	00:16:42.64
7.	Meadows, John	00:16:56.41
8.	Dugar, Brad	00:17:00.10
9.	Rees, Nathan	00:17:06.62
10.	Yost, Jonathon	00:17:17.95
11.	O'dell, Jordan	00:17:25.23
12.	Hamer, Benjamin	00:17:31.15
13.	Williams, Chase	00:17:32.81
14.	McKinney, Wesley	00:17:41.60
15.	Ferguson, Brad	00:17:57.49
16.	Driver, Brett	00:18:04.08
17.	Roark, Brent	00:18:20.55
18.	Umstead, Benjamin	00:18:39.09
19.	Zgorski, Nick	00:19:12.67
20.	Clodfelter, William	00:20:18.12
21.	Smith, Evan	00:21:40.40
22.	Longaker, Frankie	00:22:46.52
23.	Hoyt, Harry	00:23:39.63
24.	Hoyt, Alex	00:23:40.16
25.	Meredith, Austen	00:24:30.09

Women's Age Group: 23 - 29

1.	Tranel, Lisa	00:22:16.10
2.	Hunt, Kristen	00:23:23.76
3.	Carroll, Lindsay	00:25:15.66
4.	Vander Kooy, Mallory	00:26:02.65
5.	Longley, Samantha	00:27:01.75
6.	Kubler, Carlyn	00:27:33.51
7.	Williams, Laura	00:27:59.03
8.	Higgins, Laura	00:28:16.25

9.	Hergrueter, Jackelyn	00:30:48.29
10.	Johansen, Sunday	00:32:02.89
11.	Kingery, Julie	00:33:18.56
12.	Cooney, Shannon	00:35:19.19
13.	Overstreet, Elizabeth	00:37:27.34

Men's Age Group: 23 - 29

1.	Parkins, Andrew	00:16:36.78
2.	Ness, Jamie	00:17:10.75
3.	Dungan, Jesse	00:20:23.76
4.	Cannoy, Matt	00:21:28.51
5.	McCraw, Andrew	00:22:02.46
6.	Keele, Bryan	00:24:18.59
7.	Williams, Brent	00:24:59.82
8.	Scalf, Brandon	00:25:21.98
9.	Vaught, Chris	00:26:32.03
10.	Drake, Spencer	00:28:14.64
11.	Tucker, Christopher	00:33:07.22

Women's Age Group: 30 - 34

1.	Hoey, Kris	00:19:47.23
2.	Spangler, Cynthia	00:20:20.04
3.	Decker, Kari	00:25:01.47
4.	Hudzik, Joanna	00:29:01.73
5.	Pilarski, Kristen	00:29:59.60
6.	Roth, Christy	00:32:47.96
7.	Sekhon, Manbeena	00:34:22.29
8.	Wolfe, Angela	00:34:52.64
9.	Boitnott, Ann	00:37:36.13

Men's Age Group: 30 - 34

1.	Bartley, Jeremy	00:16:20.80
2.	Dean, Gregg	00:19:58.32
3.	Decker, James	00:20:41.10
4.	Roth, Michael	00:21:21.22
5.	Curry, James	00:24:51.10
6.	Villa, Michael	00:30:44.89
7.	Buccola, Brian	00:30:52.33

Women's Age Group: 35 - 39

1.	Caffrey, Grainne	00:23:01.55
2.	Pfister, Jennifer	00:26:40.24
3.	LaBarbera, Teri	00:30:42.42
4.	Overfelt, Sonya	00:31:46.86
5.	Shail, Jenny	00:32:55.78
6.	Skelton, Wendy	00:35:58.15
7.	Jacobs, Stephanie	00:36:50.12
8.	Huff, Jacenta	00:37:01.58
9.	Painter, Judith	00:37:51.33
10.	Shepherd, Kristen	00:37:58.02

Men's Age Group: 35 - 39

1.	Lovell, Alan	00:18:25.94
2.	Downs, Trevor	00:18:32.17
3.	Helmandollar, Paul	00:20:05.43
4.	Spire, Steve	00:20:30.08
5.	Harper, Ed	00:20:52.16
6.	Runyon, Chad	00:21:39.83
7.	Santoroski, Michael	00:22:10.48
8.	Nicholson, Kevin	00:22:43.49
9.	Shepherd, Ed	00:22:49.92
10.	Kennedy, Stephen	00:23:33.58
11.	Day, Dan	00:24:56.70
12.	Swanson, Neil	00:25:04.09
13.	Wagner, Henry	00:27:13.79
14.	Matthew, Gregory	00:28:56.07
15.	Oconnor, John	00:29:56.34
16.	Labarbera, AJ	00:30:42.84
17.	Shail, Todd	00:31:06.15
18.	Warner, Barrett	00:33:13.41

Women's Age Group: 40 - 44

1.	Elmore, Katie	00:24:42.52
2.	Minnix, Tracey	00:24:55.04
3.	Royal, Carol	00:26:35.71
4.	Carter, Meg	00:27:38.72
5.	Witt, Beth	00:29:01.33
6.	Semines, Deborah	00:33:10.38
7.	Oconner, Karen	00:34:37.52
8.	Reedy, Elizabeth	00:34:53.75
9.	Brewer, Kymn	00:35:42.60
10.	Jarrells, Heather	00:41:45.08
11.	Shupe, Michelle	00:43:34.22
12.	Wagner, Penny	00:49:03.76

Men's Age Group: 40 - 44

1.	Joyce, Mark	00:20:13.39
2.	Daniels, Michael	00:22:07.82
3.	McDaniel, Randy	00:22:44.30
4.	Snider, Junie	00:24:58.40
5.	Garrett, Kenneth	00:27:05.06
6.	Ross, Todd	00:28:26.70
7.	Skelton, Tim	00:29:09.52
8.	Wilhelm, Steven	00:30:45.52
9.	Holley, Randall	00:31:55.08
10.	Reedy, David	00:35:18.39

Women's Age Group: 45 - 49

1.	Burbey, Ingrid	00:24:32.85
2.	McGrath, Jenny	00:25:29.81
3.	Light, Cynthia	00:27:53.31
4.	Guthrie, Amy	00:29:43.99
5.	Wilhelm, Rita	00:30:47.25
6.	Manning, Cathy	00:32:18.72
7.	Felts, Julia	00:33:26.64
8.	Hoffman, Kathy	00:38:42.49
9.	Stultz, Diane	00:48:29.08

Men's Age Group: 45 - 49

1. Coker, Kevin 00:24:22.39
2. Derringer, Daniel 00:30:05.15

Women's Age Group: 50 - 54

1. Amenkhienan, Charlotte 00:34:05.35

Men's Age Group: 50 - 54

1. Pyne, Dick 00:22:20.64
2. Kirby, Tom 00:23:22.83
3. Schweitzer, Paul 00:25:10.30
4. Ballard, Jerry 00:25:19.78
5. Wallace, Joe 00:25:20.99
6. Howard, Jeff 00:26:28.72

Women's Age Group: 55 - 59

1. Nicholson, Trina 00:25:25.13

Men's Age Group: 55 - 59

1. Childress, Marion 00:23:42.50
2. LaRocco, Joe 00:26:05.52
3. Wade, Jim 00:29:59.22

Women's Age Group: 60 - 69

1. Clark, Rebecca 00:30:00.22
2. Campbell, Janice 00:30:21.18
3. Sears, Rebecca 00:30:30.68
4. Flora, Andrea 00:38:47.88
5. McCarthy, Janet 00:48:42.64

Men's Age Group: 60 - 69

1. Howison, David 00:23:11.28
2. Rheinheimer, Kurt 00:24:07.57
3. Badertscher, David 00:25:43.72
4. LaFave, James 00:29:16.11
5. Clark, Warren 00:30:22.23
6. Sears, Ed 00:31:46.39
7. Miller, Thomas 00:35:36.81