

Mill Mountain Mayhem 10k - 4/18/09
Roanoke City's Mill Mountain Park

Overall Women

1.	Horney, Lisa	00:50:13.66
2.	Rolfe, Christine	00:53:45.62
3.	Flynn, Hollie	00:54:41.85

Overall Men

1.	Cheromei, David	00:35:48.92
2.	Dickenson, Edward	00:41:42.99
3.	Lovell, Alan	00:44:45.45

Master Women

1.	Finkle, Anita	00:57:32.04
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Master Men

1.	Stick, Greg	00:49:01.26
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Men's Age Group: 15 - 19

1.	Carter, Jacob	00:50:10.10
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Men's Age Group: 20 - 24

1.	Russell, Logan	01:00:23.67
2.	Black, Nathan	01:04:18.54

Women's Age Group: 25 - 29

1.	Mitchell, Samantha	00:55:51.36
2.	Brown, Lauren	00:57:44.00
3.	Vander Kooy, Mallory	01:00:08.46
4.	Becker, Angela	01:14:38.64
5.	Becker, Suzanne	01:14:38.94

Men's Age Group: 25 - 29

1.	Biscotte, Stephen	00:50:59.83
2.	Wright, Walker	00:51:03.40
3.	Mitchell, Matthew	00:55:44.92
4.	Cranney, Erik	00:56:18.78
5.	Sims, John	00:57:22.35
6.	Adkins, Emmitt	00:59:43.10
7.	Yates, Christian	01:00:11.46
8.	Graham, Scott	01:11:57.60

Women's Age Group: 30 - 34

1.	Zaragoza, Sarah	00:54:49.41
2.	Puckett, Leslie	01:00:56.04
3.	Ciparis, Serena	01:01:12.39
4.	Prandi, Mackenzie	01:03:52.30
5.	Decker, Kari	01:07:39.76
6.	Creasey, Elizabeth	01:20:38.24

Men's Age Group: 30 - 34

1.	Burtis, Steve	00:47:00.99
2.	Hagbert, Jesse	00:47:08.97
3.	Evans, Billy	00:48:57.05
4.	Saunders, Carl	00:49:10.60
5.	Workman, Paul	00:50:57.83
6.	Homa, Dan	00:51:47.83
7.	Decker, James	00:52:54.69
8.	Whitaker, Brian	00:53:11.58
9.	Mullens, Jim	00:56:46.44
10.	Adams, Bruce	01:06:55.44

Women's Age Group: 35 - 39

1	Katabian, Perry	00:57:48.78
2.	Favor, Helen	00:58:10.42
3.	Nichols, Ashley	00:59:29.03
4.	Pfister, Jennifer	01:05:53.65
5.	Mullens, Melany	01:09:39.36
6.	Graham, Kristen	01:12:42.94

Men's Age Group: 35 - 39

1.	Vickery, Bill	00:48:36.69
2.	Prand, Barry	00:52:19.79
3.	Nichols, Joe	00:52:46.03
4.	Scott, David	00:53:48.34
5.	Looney, Brad	00:54:02.31
6.	Santoroski, Michael	00:55:29.64
7.	Mowles, Howard	00:58:35.44
8.	Booth, James	00:59:27.48

Men's Age Group: 40 - 44

1.	Stevens, Andy	00:54:59.95
2.	Bowers, Roger	00:55:28.33
3.	Webb, Edward	00:56:41.91
4.	Falls, Doug	00:56:44.37
5.	Barchi, Daniel	00:59:01.77
6.	Reynolds, Tony	01:07:44.06
7.	Unroe, Stan	01:09:41.95
8.	Wright, Toby	01:14:24.21

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Women's Age Group: 45 - 49

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| 1. | Heptinstall, Kaye | 01:07:45.60 |
| 2. | Rolfe, Susan | 01:11:23.63 |
| 3. | Stevens, Vicki | 01:12:56.98 |
| 4. | Boone, Mary Jo | 01:39:38.00 |

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Men's Age Group: 45 - 49

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| 1. | Sheehan, Gary | 00:53:21.14 |
| 2. | Craig, Stevens | 00:58:04.60 |
| 3. | Schuyler, Peter | 00:59:47.94 |
| 4. | Ballard, Jerry | 01:07:12.82 |
| 5. | Alexander, Kyle | 01:09:38.66 |

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Women's Age Group: 50 - 54

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| 1. | Nicholson, Trina | 01:07:46.95 |
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Men's Age Group: 50 - 54

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| 1. | Myers, Mike | 00:59:25.37 |
| 2. | Turk, Joe willie | 01:00:20.19 |
| 3. | Taylor, Gregory | 01:03:55.94 |
| 4. | Fralin, Mark | 01:08:34.09 |

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Women's Age Group: 55 - 59

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| 1. | Sexton, Dru | 01:00:12.94 |
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Men's Age Group: 55 - 59

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| 1. | Morgan, George | 01:06:28.61 |
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Men's Age Group: 60 - 69

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| 1. | Atthowe, John | 01:00:52.90 |
| 2. | Zollman, Graham | 01:01:18.65 |
| 3. | Swenson, Dave | 01:05:32.51 |
| 4. | Cecil, Jerry | 01:06:08.92 |
| 5. | Coffey, Roger | 01:13:06.67 |

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Men's Age Group: 70 & Over

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| 1. | Gilbarte, Ray | 01:44:59.00 |
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